



Arena Facility Procedures

Nov. 29, 2020

These Procedures will apply at to all Arenas that CMRA uses:

Port Moody Rec Centre, Poirier Sport and Leisure Centre, Planet Ice Coquitlam

The guidelines below **MUST** be followed while at any of these arenas.

PARTICIPANTS:

Do not attend any ringette activities if they are symptomatic OR if they, or any member of their household, are awaiting the results of a COVID-19 test.

ALL PARTICIPANTS must complete a self-assessment prior to entering the facility before EVERY ringette activity to attest that:

- they are not feeling any of the COVID-19 symptoms
- are not from a household with someone exhibiting symptoms
- that they have not travelled out of Canada within the previous 14 days

Entering the Facility

- When you arrive at the arena 15 minutes before your ice time, please line up, socially distanced (2m apart), at the rink entrance
- Wait for your team's Check-In Volunteer to ask the assessment questions before entering
- Each team will have a Check-In Volunteer at the front door to direct and supervise the group and ensure that unauthorized individuals do not enter the arena.
- If you arrive before your Check-In volunteer, **you must wait** for them outside even if the facility operator has opened the door for your team
- Check-In MUST wait at the door until the ice time has started or all players are checked in
- Check-in MUST stay at the rink to supervise
- Check-in MUST wear a red arm band at Planet Ice
- Participants must come dressed in full gear including skates (with skate guards) or shoes
- Leave large gear bags in the car or at home (most dressing rooms are not open)
- Dressing rooms that are available, have a limit to the number of people that can be in them. Players must adhere to these numbers
- a full water bottle labelled with name (water fountains are not available)
- Please use the washroom before leaving home.

Safety Protocol

- Wash your hands before entering or use personal hand sanitizer.
- Follow proper respiratory etiquette (cough and sneeze into your elbow or shoulder).
- Maintain physical distancing in the facility, while entering and exiting the ice and the building.
- Do not share equipment.

Mandatory Use of Face Mask or Face Covering

- All parents, players, coaches and officials must wear a mask when entering the facility
- The mask or face covering must cover the nose, mouth, and chin.
- Temporary removal of the mask or face covering is permitted for the following purposes:
 - On ice participation and players benches (Field of Play)
 - Within the dressing room, only when a helmet is being worn. When an athlete's helmet is removed, the athlete will wear a face mask or face covering
 - For any emergency or medical purpose

Ringette Progression 3

no spectators at any division or arena

Fundamentals

- scrimmages and contact drills are allowed
- Players can have 1 parent / guardian assist with equipment before & after ice sessions.
Must vacate once session starts and can re-enter 1 minute before session ends
- the Safety Ambassador will need to be at the front entrance to let parents / guardians in to assist with removal of athlete's equipment. All parents / guardians are to enter all at once.
This will occur with 1-minute left in the ice session.
- **For practice sessions: 2 Event Staff are permitted**

U10 and U12

- scrimmages/games and contact drills are allowed
- **For practice sessions: 2 Event Staff are permitted.**
- **For game play: 3 on ice officials, 4 Event Staff for the Home team & 2 Event staff for the Visiting team are also permitted**

U14 & up

- scrimmages/games and contact drills are allowed
- **For practice sessions: 2 Event Staff are permitted.**
- **For game play: 3 on ice officials, 4 Event Staff for the Home team & 2 Event staff for the Visiting team are also permitted**

Event Staff

- Event staff includes scorekeepers, timekeepers, managers, safety person / trainer, videographer & dressing room / essential volunteers.
- Event Staff not involved in game play must sit or stand in the designated sections that are appropriately socially distanced from the next person.
- There are no in and out privileges for participants or event staff. If you leave during ice session you are unable to re-enter.
- There is no swapping of participants or event staff during your ice session.
- No siblings are permitted within the facilities.

Exiting the Facility

- Following the completion of your session: players, coaches and guardians/volunteers will have 10 minutes to exit the facility through the designated exit
- Masks must be on when leaving the facilities